

# FRIDAY EXCLUSIVE EVENT

## AFTERNOON TEA & EXPERTS TALKING TENDONS AT THE IMPERIAL WAR MUSEUM

### Why is this Evening Event for you?

Everyone is talking tendons these days! And it's time for two of the **leading experts** to give some facts, figures and focus on *what is happening in tendon research and rehabilitation!*

#### Enter Ebonie Rio and Jo Gibson!

Ebonie was a star performer at Opload17 in Belfast -voted one of the best speakers in an international field.

She arrives armed with intent to present the **latest research on pathology and programming for best practice.**

Jo Gibson has been recognised for her work and **interest in shoulder conditions**, and her courses are regularly sold out with therapists queueing up to hear her speak. **This talk demonstrates that tendon rehab can be evidence-based in the upper limb as well – with heaps of practical examples too!**

The Friday evening will be a must-see for anyone with an interest in tendonopathy assessment, management and rehabilitation-not just for those involved on sport either! **Tendon problems can affect a huge number of people so increasing the knowledge transfer from research to applied management is necessary for those working in clinics, hospital as well as sport settings.**



The evening starts from 4pm with a light Afternoon Tea in the bright and airy Park View Room within the impressive Imperial War Museum. This offers the possibility of old friends meeting up, networking or chatting with the speakers in a relaxed environment.

At 5pm, **Ebonie & Jo will take to the rostrum to present their work and passion for the next two hours** with plenty of time for questions. **Their presentations will lead us into the opening lectures**

**of the Sporting Mind the following day** where they will talk extensively on neuroplasticity and cortical mapping – and how you can bring these into your practice the very next week!

## **How do I sign up?**

If you are coming to the Saturday Symposium on 22<sup>nd</sup> September, simply add the Friday evening as a 'Bolt-On' Event to your registration! It will only cost you an additional £30 including the Afternoon Tea networking and 'Meet the Experts' session in advance of the presentations! Click [HERE](#) for Registration <http://bit.ly/SportingMindSignUp>

If you are unable to make the Saturday, you can still attend our Friday exclusive! Simply register on the Standalone section of the website for £40! <http://bit.ly/TendonStandalone>

And if you are a respected Gold member of ACPSEM this event is utterly FREE if you are attending the Saturday Symposium! Sign Up in the same way as with the Bolt-On registration, but with Gold Member Status so that we can validate your registration.